



## EVOLUTION SALAD

**Evolution Salad** – mesclun and sweet leaf lettuces with celery, carrots, toasted sesame seeds, Maine sea kelp and our house made ginger-tamari vinaigrette \$8.25  
 ...with Great Hill Dairy blue cheese or local goat cheese add \$2.50

## FREE FORM SALAD

Take our evolution salad and add any combo of...

**Veggies** – roasted red peppers, red onions, Kalamata olives, mushrooms, spinach, pineapple, rosemary, jalapenos, oven-roasted cauliflower, sundried tomatoes, caramelized onions, green pepper, oven-roasted potatoes

**Cheeses** – whole milk mozzarella, parmesan, local goat cheese, Great Hill Dairy blue cheese, feta, vegan cheese

**Meats** – all-natural uncured pepperoni, free-range chicken, nitrate free bacon, maple fennel sausage

Veggies \$1.75 each or 2 or more for \$2.75      Cheeses \$2.50 each      Meats \$3.50 each

## ENTRÉE SALADS

**Fire-Grilled Chicken** – mesclun and sweet leaf lettuces tossed in our ginger-tamari vinaigrette, topped with celery, carrots, pickled red onions, feta cheese and wood-grilled chicken breast \$15.75

**Moroccan Meatball** – mesclun and sweet leaf lettuces tossed in our ginger-tamari vinaigrette, topped Mediterranean slaw, toasted almonds, local goat cheese and Moroccan meatballs with Aldermere Farms grass-fed beef \$16.75

**Roasted Salmon** – mesclun and sweet leaf lettuces tossed in our ginger-tamari vinaigrette, topped with cucumbers, carrots, pickled red onions, local goat cheese and wood-oven roasted Faroe Island Atlantic Salmon \$17.50

## THE FLATBREAD SELECTIONS

Our dough is made daily from 100% organic wheat that is milled into white flour with the wheat germ restored.

Gluten-free crust available \$6

	12"	16"
Medicine wheel – tomato sauce, mozzarella, parmesan, garlic oil, herb blend	\$12.25	\$17.00
kids choice add pepperoni	+\$2.00	+\$4.00
Cheese & Herb – mozzarella, parmesan, garlic oil, herb blend	\$11.25	\$15.25

before placing your order, please inform your server if a person in your party has a food allergy

<b>Pepperoni and Peppers</b> – tomato sauce, all-natural uncured pepperoni, red onion, green pepper, mozzarella, parmesan, garlic oil, herb blend	\$14.25	\$20.75
<b>Maine Potato &amp; Chive</b> – oven-roasted potatoes, spinach, mozzarella, parmesan, garlic oil, herb blend, topped with fresh chives and a sour cream drizzle	\$13.50	\$21.50
add bacon	+\$2.00	+\$4.00
<b>Hawaiian</b> – tomato sauce, hormone free bacon, pineapple mozzarella, parmesan, garlic oil, herb blend	\$14.50	\$22.50
<b>Buffalo Chicken</b> – buffalo sauce, free-range chicken, mozzarella, parmesan, garlic oil, herb blend, celery, carrots, blue cheese drizzle	\$14.50	\$22.50
<b>Buffalo Cauliflower</b> – buffalo sauce, oven-roasted cauliflower, mozzarella, parmesan, garlic oil, herb blend, celery, carrots, blue cheese drizzle	\$14.50	\$22.50
<b>Vermont Homemade Sausage</b> – maple fennel sausage, sundried tomatoes, mushrooms, caramelized onions, mozzarella, parmesan, garlic oil, herb blend	\$14.25	\$22.25
<b>Punctuated Equilibrium</b> – Kalamata olives, local goat cheese, red onion, rosemary, roasted red peppers, mozzarella, parmesan, garlic oil, herb blend	\$13.50	\$21.50
add maple fennel sausage	+\$2.00	+\$4.00
<b>Vegan (dairy-free)</b> – tomato sauce, caramelized onions, mushroom, spinach, Kalamata olives, garlic oil, herb blend	\$12.00	\$17.75
add vegan cheese	+\$2.50	+\$3.50

## FREE FORM FLATBREADS

Take a Cheese & Herb or Medicine Wheel and add any combo of...

**Sauces** – wood-fired tomato sauce or buffalo sauce

**Veggies** – roasted red peppers, red onions, Kalamata olives, mushrooms, spinach, pineapple, oven-roasted potatoes, rosemary, sundried tomatoes, caramelized onions, green pepper, fresh jalapenos, oven-roasted cauliflower

**Cheeses** – whole milk mozzarella, parmesan, local goat cheese, Great Hill Dairy blue cheese, feta, vegan cheese

**Meats** – all-natural uncured pepperoni, free-range chicken, nitrate free bacon, maple fennel sausage

		12"	16"
Sauces	add	\$1.00	\$1.75
Veggies	add	\$1.00	\$1.75
Clean, chemical-free meats	add	\$2.00	\$4.00
Cheeses	add	\$1.75	\$3.00
Vegan Cheese	add	\$2.50	\$3.50

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## DESSERTS

Ask your server for our daily dessert selections!

Join us for our Benefit night every Tuesday. American Flatbread donates a portion of each flatbread sold to a local, non-profit organization. Ask your server about upcoming benefits or a benefit night application for your group!

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